



APRIL update FREE courses

Community Learning West offers a wide range of **FREE** courses to people living in Bristol and/or surrounding areas, aged 19 or over who have few or no formal qualifications and face significant barriers to further learning and employment.

Some courses take place **online** using Zoom, Google Classroom, Facebook, etc. Others take place **face-to-face**. For online courses, learners need a smart phone, laptop or tablet and data/Wi-Fi for internet use. Community Learning West has some tablets to loan out and Wi-Fi bundles to help learners with limited digital access. Please contact Community Learning West by email lctinfo@bristol.gov.uk for more details.

Courses starting soon...

Non-accredited Maths and English



Brush Up Your English - For Work

Ideal for adults who want to improve their written English for work, brush up on punctuation in formal writing. Gain confidence and improve interview skills. Face-to-face at Long Cross Children's Centre, Lawrence Weston, BS11 OLP. 1pm to 3pm, Mondays for 10 weeks from 25/04/22. Contact Suzanne Gaffney on 07887451776 or email suzanne.gaffney@bristol.gov.uk

IT and Employment Skills



*Introduction To Remote Learning

Learning online is here to stay! This 3-hour workshop will help you use Zoom and stay safe online. **Face-to-face** at The Greenway Centre, Doncaster Road, BS10 5PY. One session on **25/04/22.** Contact Debra Howarth on 07809658362 or email debra.howarth@cmtservices.co.uk

*Confidence In Employability

Covers personal skills and attributes, writing a good CV and covering letter and job searching using a range of tools. Prepare for the interview and get that job! **Face-to-face** at The Greenway Centre, Doncaster Road, BS10 5PY. 9.30am to 3pm, **3 days on 26/04/22 to 28/04/22.** Contact Debra Howarth on 07809658362 or email debra.howarth@cmtservices.co.uk

Level 1 Childcare

You will gain an understanding of the knowledge and the skills needed to care for young children. You will also learn about the different types of early years settings. **Face-to-face** at Hartcliffe Nursery School & Children's Centre, BS13 0JW. 9.30am to 11.30am, Tuesdays **from 26/04/22**. Contact Helen Richards on 07760990855 or email Helen.richards@bristol.gov.uk

Level 1 Health & Social Care

Gain the skills and knowledge with this qualification to prepare to work across the health & social care sector with visits from local social care employers. **Face-to-face** at St Anne's Park Children's Centre, Lichfield Road, BS4 4BJ. 12noon to 3pm, Thursdays for 10 weeks **from 28/04/22**. **Suitable for Entry 3 and above.** Contact Pippa Davies on 07385 939446 or email Pippa.davies@bristol.gov.uk

Get To Know Your Laptop. COMING SOON

A computer course for beginners. Learn how to navigate a laptop, send emails, make an application online, make Zoom calls and use the internet safely. Laptops and data may be available for learners on this course. In North Bristol. For more information and to register your interest, contact Suzanne Gaffney on 07887451776 or email suzanne.gaffney@bristol.gov.uk

Level 2 Award In Independent Advocacy. COMING SOON

Do you think you have experiences in your life that can be helpful to other people? This free City and Guilds course developed by Community Learning and Keeping Bristol Safe Partnership will help you build skills, confidence and knowledge to take your first steps towards being an advocate in a range of settings. The course is full of practical information and opportunities to hear from and link up with a wide range of organisations across the city who want to hear from you too! Learn in a supportive group over 10 weeks plus a 4-week Introduction to Advocacy and gain a nationally recognised qualification. Course to run at least 4 times a year in venues across the city. Laptops provided to help you learn. One to one support after the course to help you plan and take your next steps. **Criteria – must be aged 19 or over and be a Bristol resident.** To find out more about the course and when/where they are happening contact Lucy Fieldhouse on 07788353446 or email lucy.fieldhouse@bristol.gov.uk

Level 1 Customer Service Award. COMING SOON

In North Bristol. For more information and to register your interest, contact Suzanne Gaffney on 07887451776 or email suzanne.gaffney@bristol.gov.uk

Family Learning

Make Your Family Trip To A Museum Fun

A family learning course for parents and under 5s. Enjoy fun activities together at Blaise Museum House and Estate. **Face-to-face** at Blaise Castle House, Kings Weston Road, BS10 7QS. 10am to 11.30am, Wednesdays for 4 weeks **from 15/06/22**. Contact Suzanne Gaffney on 07887451776 or email suzanne.gaffney@bristol.gov.uk

*Triple P Parenting. COMING SOON

Triple P (Positive Parenting Programme), is as an 'evidence-based' parenting programme. This means, it's tried and tested and proven to work. Designed and created by clinical psychologist from Queensland University, Australia, Triple P has been running for over 30 years, and is used in countries across the world. If your school is interested in hosting a course, please contact Jonothan Hope on 07779086892 or email jonothan.hope@wider-world.org.uk

*Boost. COMING SOON

Pupils and parents learn together about resilience, confidence, teamwork, leadership, problem-solving, goal-setting and curiosity. Each two-hour session is designed to get children and their parents thinking, reflecting, planning and taking control of what they want and how they're

going to achieve it. **If your school is interested in hosting a course**, please contact Jonothan Hope on 07779086892 or email <u>jonothan.hope@wider-world.org.uk</u>

*Fussy Eating And Mealtimes. COMING SOON

For parents and carers looking to develop the skills and knowledge to support their children to learn healthy eating habits and to understand the family mealtimes. **Online**, start date TBC. For details of the course and how to enrol, please contact Jonothan Hope on 07779086892 or email jonothan.hope@wider-world.org.uk

ESOL Conversation Clubs and Courses



ESOL Conversation Clubs

To join a friendly Zoom meeting contact <u>esolconversationclubs@bristol.gov.uk</u>. For more information check our website <u>www.esolcc.org</u> or visit Learn English in Bristol website: <u>www.LEB.community</u>

NEW ESOL Conversation Club in Shirehampton.

Face-to-face at Shirehampton Job Hub, Methodist Church, Penpole Avenue, Shirehampton, Bristol, BS11 0DY. 10am to 11am on Thursdays **in term time.** Contact esolconversationclubs@bristol.gov.uk

ESOL For Everyday

A course for beginner level to improve speaking, listening, writing and reading for everyday life. **Face-to-face** at Crofts End Church, 1 Crofts End Road, Speedwell, Bristol BS5 7UW. 12.15pm to 2.15pm, Mondays for 10 weeks **from 25/04/22**. **Suitable for Pre-entry to Entry 2.** Contact Pippa Davies on 07385 939446 or email Pippa.davies@bristol.gov.uk

ESOL For Everyday

A course for beginner level to improve speaking, listening, writing and reading for everyday life. **Face-to-face** at St Werburghs Community Centre, Horley Road, St Werburghs, Bristol BS2 9TJ. 1pm to 3pm, Thursdays for 8 weeks **from 28/04/22**. **Suitable for Entry 2 to Level 1.** Contact Pippa Davies on 07385 939446 or email Pippa.davies@bristol.gov.uk

* These courses are delivered on behalf of Community Learning West by commissioned partners.

We always welcome suggestions so get in touch if you do not see a course you are looking for. Check our website www.communitylearning/ our Facebook page https://www.facebook.com/BristolCommunityLearning/



